

## Other programs offered at Grundy . . .

Grundy Senators Travel Hockey

Grundy Grizzlies Limited Travel

Performance Goalie Clinic

Visiting Hockey Camps

Learn to Play Hockey

Power Skating Classes

Adult Hockey League

Women's Teams

Birthday Parties

Group Lessons

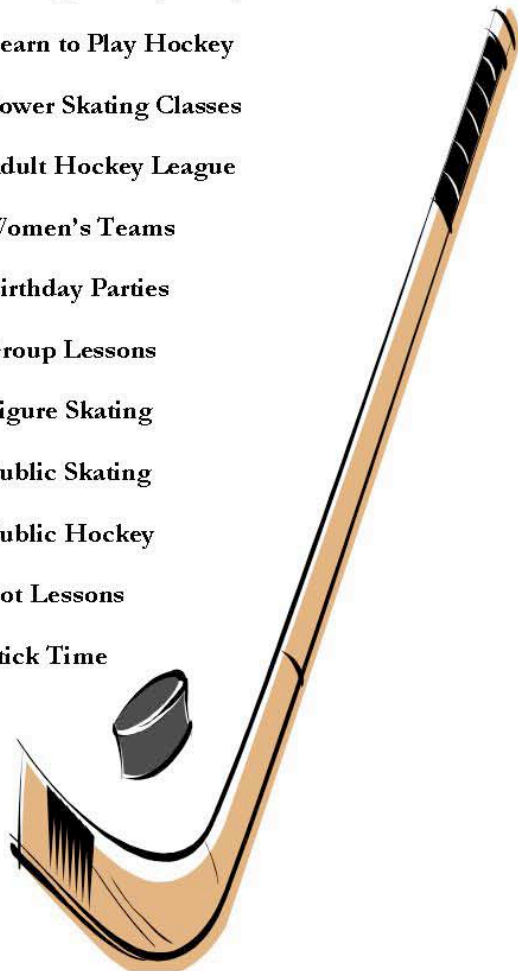
Figure Skating

Public Skating

Public Hockey

Tot Lessons

Stick Time



475 Beaver Street  
Bristol, Pa. 19007

**grundy**  
ICE HOCKEY



## Fall / Winter Adult Clinic

### Tuesday Nights



## Grundy Ice Arena

[www.grundyrink.org](http://www.grundyrink.org)

475 Beaver Street

Bristol, PA 19007

215-788-3311

Registration for 2010-11  
Adult Clinic

Please print . . .

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_

**WAIVER OF LIABILITY**

In consideration of the participant being permitted to register and participate in the skating program at Grundy Ice Arena, I do hereby forever release and discharge its Directors, Agents, Employees, Professional Staff and any person connected herewith from all manner of action, injury, damages, costs, claims or demands which we will, shall or may hereafter suffer, or receive by reason of such participation in the program at the Center. The release shall be binding to our heirs, assignors, executors, and administrators. In the event of my cancellation, all monies are non-refundable.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Payment Method (please circle)**

Cash      Check      Credit Card

Card No: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# GRUNDY ICE ARENA

## ADULT CLINIC

### Tuesday Nights

- The clinic meets every week for 12 weeks. The first 6 weeks will provide instruction. The second 6 weeks will offer controlled scrimmage games. *Two goalies will always be available for the scrimmages. (goalie sign-ups still welcome)*
- NO refunds or make-up classes are provided.
- You must be 18 years of age or older to participate in the clinic program.

### Instruction by:

*Andrew Ducko  
Doug Baer  
Mike Rich  
Tim Slack*

### Cost:

**\$20 Walk-On**

or

**\$190 for the  
Full 12 Weeks**

### Session I

September 7<sup>th</sup> – November 23<sup>rd</sup>

### Session II

November 30<sup>th</sup> – February 15<sup>th</sup>

### The Clinic will cover:

**SKATING** – forward and backward stride; proper use of inside and outside edges

**STICK-HANDLING** – moves and fakes

**SHOOTING** – wrist, backhand, snap, and slap shots

**TEAM PLAY** – offensive and defensive concepts; positional play

**SCRIMMAGES** - The game format will consist of controlled scrimmage games. Participants will be split into two teams that will compete against each other.

### Class Times

Classes meet Tuesday nights at 10:00 PM for a 60 minute clinic session (75 minute game times). Please remember to arrive at least 30 minutes prior to start time in order to have sufficient time to dress.

### Questions, please contact:

**Andrew Ducko**  
(215) 788-3311 ext. 19  
aducko.grundyrink@verizon.net